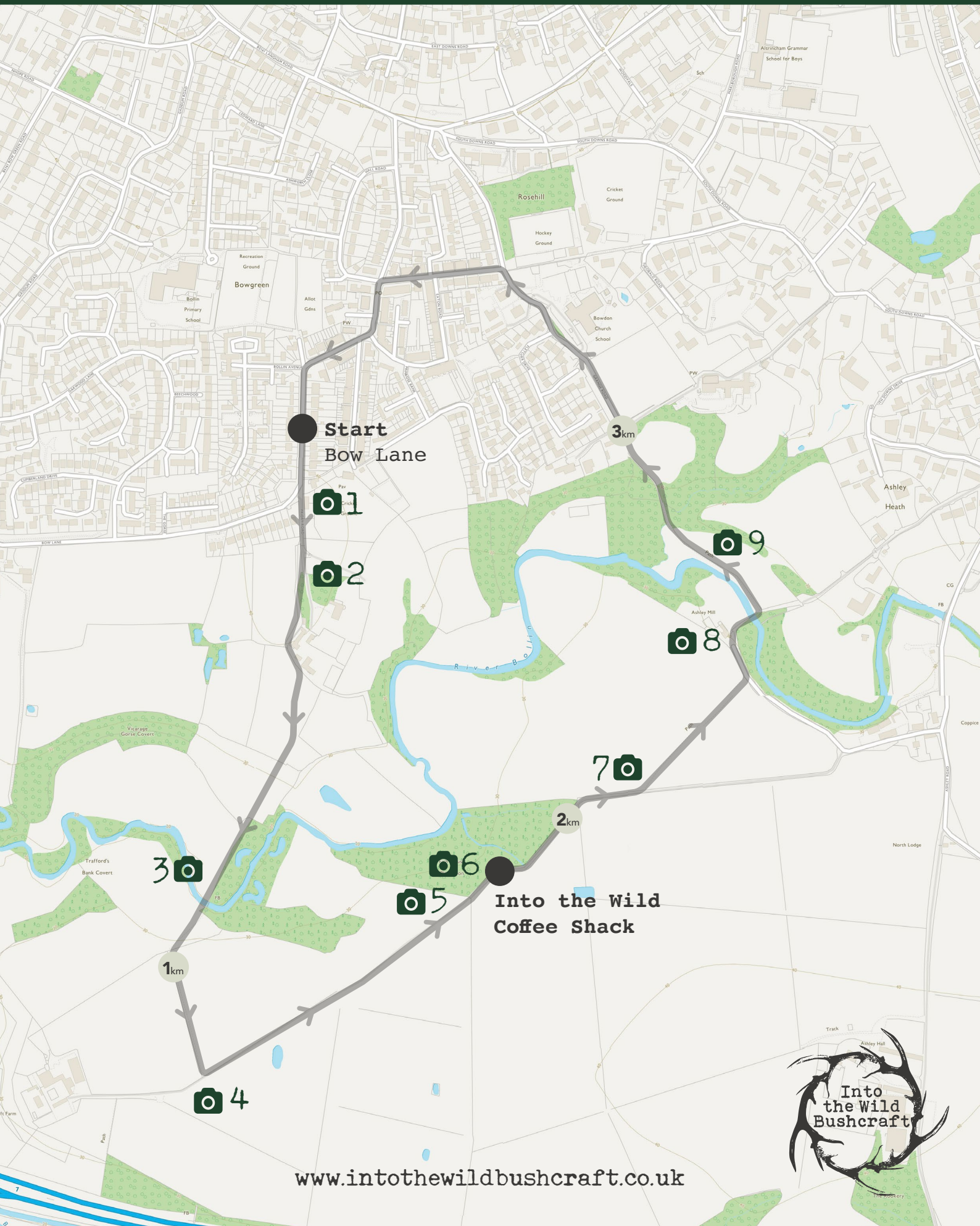


Walking route 1

 3.81km

 Approx 48 mins

Start at Bow Lane, Bowdon - opposite the bus stop on the corner



www.intothewildbushcraft.co.uk



Step by Step

📷1

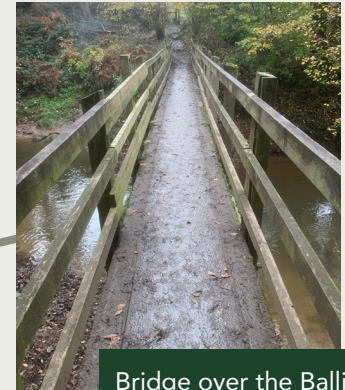


Take the footpath from Bow Lane, on the corner opposite the bus stop.

📷2



Foot path with the house on the left



📷3

Bridge over the Ballin. At this point you will see a rope swing over the river.



📷6

The coffee shack is hidden in the woodland on the left, just before the right hand bend on the track.

After walking along the field edge, take a left and head down the track. Again, keep dogs on leads as there can be farm traffic.

📷5



📷4

Once through the gate, it is appreciated if dogs could be kept on a lead. There's usually crops in the fields.

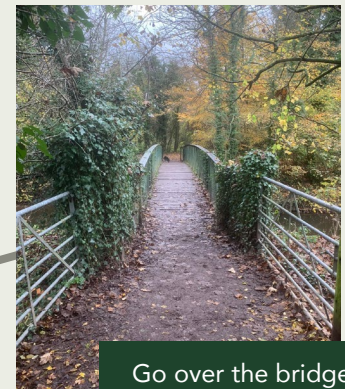


Head over the potato field. Please keep off the crops.

📷7

📷8

Go past the cottage and head down the cobbled slope.



📷9

Go over the bridge and turn left to go back to Bowdon